



Independence Central Office

Scheduled Menu Plans

3000 G. C. Bingham Middle School

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-8

Date: 3/2/2020

Feeding Figure: 251

Base Menu Plan: 5,168 MS BIC JAN 19-20 W1D1

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2438	BAR CINN TOAST CRUNCH FRZ	1	PKG (1)	123		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	250.0000	kcal	Carbohydrate	40.0000	g
a329	NOTABLES LUCKY CHARM #2064	1	1 PACK	63		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	280.0000	kcal	Carbohydrate	57.0000	g
A328	NOTABLES COCOA BWL #2063	1	1 PACK	63		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	280.0000	kcal	Carbohydrate	59.0001	g
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	486.1077	kcal	Carbohydrate	0.0000	g
A569	CHEESE, STRING MOZ LT #1015	1	1 PKG (1)	101		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	88.0040	kcal	Carbohydrate	0.0000	g
A532	APPLE WHOLE GALA	1	1 APPLE	63		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	139.0768	kcal	Carbohydrate	33.9999	g
A533	ORANGE	1	1/2 CUP (4-6 WEDGES)	63		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	31.2503	kcal	Carbohydrate	7.4219	g
a534	BANANA	1	1 BANANA	26		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	110.0000	kcal	Carbohydrate	29.0000	g
A587	JUICE, BLUE RAZZ	1	1 CARTON	88		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0001	kcal	Carbohydrate	14.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	83		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g

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A472	GRAB NGO UNCRUSTABLE PBJ-straw	1	1 SANDWICH/CHIPS	27
	Nutrient	Value	Units	
	Food Energy	1,179.1229	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A549	GRAB N GO WG CKN SALAD SAND	1	1 SANDWICH/CHIPS	38
	Nutrient	Value	Units	
	Food Energy	527.4787	kcal	
	Nutrient	Value	Units	
	Carbohydrate	82.7924	g	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	27
	Nutrient	Value	Units	
	Food Energy	430.9694	kcal	
	Nutrient	Value	Units	
	Carbohydrate	51.4971	g	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	17
	Nutrient	Value	Units	
	Food Energy	502.0197	kcal	
	Nutrient	Value	Units	
	Carbohydrate	52.9579	g	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	0
	Nutrient	Value	Units	
	Food Energy	440.1598	kcal	
	Nutrient	Value	Units	
	Carbohydrate	51.6833	g	
A1223	CARROTS BABY 20LBS	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	35.0206	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.0047	g	
A012	PEAS	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	73.6704	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.7409	g	
A003	SALAD, DARK GREENS	1	1 CUP	27
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.7522	g	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	82.4860	kcal	
	Nutrient	Value	Units	
	Carbohydrate	15.5007	g	
7039	PEARS SLICED LS	1	3/4 CUP	215
	Nutrient	Value	Units	
	Food Energy	90.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.4999	g	
1320	APPLE GOLDEN 138	1	APPLE (1)	27
	Nutrient	Value	Units	
	Food Energy	130.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	33.9999	g	

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2079	APPLE GALA 138 CT	1	APPLE (1)	27
	Nutrient	Value	Units	
	Food Energy	139.0768	kcal	
1333	BANANAS PREM 40LB	1	BANANA (1)	27
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
1468	JUICE BLUE RAZZ	1	CARTON (1)	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
1128	ITALIAN FF MARZETT	1	Ounce	6
	Nutrient	Value	Units	
	Food Energy	13.7074	kcal	
2365	DRESSING RANCH OTT'S	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	85.8443	kcal	
1832	DRESSING CAESAR LITE	1	Ounce	6
	Nutrient	Value	Units	
	Food Energy	61.9469	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
2225	KETCHUP SRIRACHA	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	24.9959	kcal	
1097	MUSTARD	1	Ounce	17
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
1086	SAUCE BBQ	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	29.1618	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	108
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	108
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	

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1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	54
Nutrient		Value	Units	
Food Energy		100.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		11.0000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 3/3/2020
Base Menu Plan: 5,169 MS BIC JAN 19-20 W1D2 **Feeding Figure:** 251
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A324	PIZZA 3.67oz TRKYSAU BRKFST IW	1	1 PIZZA	123
Nutrient		Value	Units	
Food Energy		240.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		31.0000	g	
2406	POP TART FRST BLUEBERRY 17196	1	PKG (1)	63
Nutrient		Value	Units	
Food Energy		180.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		38.0000	g	
1869	NUTRIGRAIN BAR STRAW	1	BAR (1)	63
Nutrient		Value	Units	
Food Energy		160.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		29.0000	g	
A569	CHEESE, STRING MOZ LT #1015	1	1 PKG (1)	101
Nutrient		Value	Units	
Food Energy		88.0040	kcal	
Nutrient		Value	Units	
Carbohydrate		0.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
Nutrient		Value	Units	
Food Energy		486.1077	kcal	
Nutrient		Value	Units	
Carbohydrate		0.0000	g	
A532	APPLE WHOLE GALA	1	1 APPLE	63
Nutrient		Value	Units	
Food Energy		139.0768	kcal	
Nutrient		Value	Units	
Carbohydrate		33.9999	g	
a534	BANANA	1	1 BANANA	26
Nutrient		Value	Units	
Food Energy		110.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		29.0000	g	
A533	ORANGE	1	1/2 CUP (4-6 WEDGES)	26
Nutrient		Value	Units	
Food Energy		37.5315	kcal	
Nutrient		Value	Units	
Carbohydrate		8.9137	g	
A588	JUICE, ROYAL GRAPE #1467	1	1 CARTON	189
Nutrient		Value	Units	
Food Energy		60.0001	kcal	
Nutrient		Value	Units	
Carbohydrate		14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	83
Nutrient		Value	Units	
Food Energy		129.9999	kcal	
Nutrient		Value	Units	
Carbohydrate		23.0000	g	

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2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	86
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	83
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 3/3/2020 **Feeding Figure:** 700
Base Menu Plan: 4,850 MS 19-20 LUNCH W1D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A512	FIESTA NACHO-CHICKEN chipotle	1	1 NACHO	215
	Nutrient	Value	Units	
	Food Energy	426.4321	kcal	
	Nutrient	Value	Units	
	Carbohydrate	40.0322	g	
	SALSA	1	1/4 CUP	215
	Nutrient	Value	Units	
	Food Energy	20.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.0000	g	
A510	PEPPER/ONION BLEND	1	1/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	10.4004	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.6001	g	
A069	BEANS, REFRIED	1	1/2 CUP	81
	Nutrient	Value	Units	
	Food Energy	38.1667	kcal	
	Nutrient	Value	Units	
	Carbohydrate	3.2487	g	
A467	CRUNCHERS, BUFFALO #2396	1	4 PIECES	27
	Nutrient	Value	Units	
	Food Energy	779.7307	kcal	
	Nutrient	Value	Units	
	Carbohydrate	59.9793	g	
A100	CHEESEBURGER ON WG BUN	1	1 SANDWICH	81
	Nutrient	Value	Units	
	Food Energy	498.2726	kcal	
	Nutrient	Value	Units	
	Carbohydrate	41.0342	g	
A195	SANDWICH, CHICKEN WG	1	1 SANDWICH	54
	Nutrient	Value	Units	
	Food Energy	369.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	39.0001	g	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	27
	Nutrient	Value	Units	
	Food Energy	10.4961	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.0652	g	
A455	POTATO SWT TRAX #2384	1	1/2 CUP	108
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0001	g	

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A129	GRAB N GO WG TURKEY SAND. MEAL	1	1 SANDWICH/CHIPS	54
	Nutrient	Value	Units	
	Food Energy	573.7155	kcal	
	Nutrient	Value	Units	
	Carbohydrate	81.6087	g	
a234	GRAB N GO YOGURT MEAL W/CINN	1	1 MEAL	38
	Nutrient	Value	Units	
	Food Energy	939.6313	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	27
	Nutrient	Value	Units	
	Food Energy	430.9694	kcal	
	Nutrient	Value	Units	
	Carbohydrate	51.4971	g	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	27
	Nutrient	Value	Units	
	Food Energy	440.1598	kcal	
	Nutrient	Value	Units	
	Carbohydrate	51.6833	g	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	0
	Nutrient	Value	Units	
	Food Energy	502.0197	kcal	
	Nutrient	Value	Units	
	Carbohydrate	52.9579	g	
A014	VEGGIE FRESH MIX	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	22.5882	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.7678	g	
A359	CORN, COOKED	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	406.5714	kcal	
	Nutrient	Value	Units	
	Carbohydrate	91.6621	g	
A003	SALAD, DARK GREENS	1	1 CUP	27
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.7522	g	
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	70.0463	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.7357	g	
A7078	STRAWBERRIES #7112	1	3/4 CUP	215
	Nutrient	Value	Units	
	Food Energy	58.2774	kcal	
	Nutrient	Value	Units	
	Carbohydrate	15.1521	g	

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1333	BANANAS PREM 40LB	1	BANANA (1)	27
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
2079	APPLE GALA 138 CT	1	APPLE (1)	27
	Nutrient	Value	Units	
	Food Energy	139.0768	kcal	
1320	APPLE GOLDEN 138	1	APPLE (1)	27
	Nutrient	Value	Units	
	Food Energy	130.0000	kcal	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
1468	JUICE BLUE RAZZ	1	CARTON (1)	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
2225	KETCHUP SRIRACHA	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	24.9959	kcal	
1097	MUSTARD	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
1086	SAUCE BBQ	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	29.1618	kcal	
2365	DRESSING RANCH OTT'S	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	85.8443	kcal	
1128	ITALIAN FF MARZETT	1	Ounce	6
	Nutrient	Value	Units	
	Food Energy	13.7074	kcal	
1832	DRESSING CAESAR LITE	1	Ounce	6
	Nutrient	Value	Units	
	Food Energy	61.9469	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	108
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	

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2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	108
Nutrient		Value	Units	
	Food Energy	120.0001	kcal	
Nutrient		Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	54
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 3/4/2020 **Feeding Figure:** 300
Base Menu Plan: 5,170 MS BIC JAN 19-20 W1D3
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A393	DONUT GLAZED RIDGEWOOD #2325	1	1 DONUT	123
Nutrient		Value	Units	
	Food Energy	176.5800	kcal	
Nutrient		Value	Units	
	Carbohydrate	21.0400	g	
A569	CHEESE, STRING MOZ LT #1015	1	1 PKG (1)	101
Nutrient		Value	Units	
	Food Energy	88.0040	kcal	
Nutrient		Value	Units	
	Carbohydrate	0.0000	g	
a329	NOTABLES LUCKY CHARM #2064	1	1 PACK	63
Nutrient		Value	Units	
	Food Energy	280.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	57.0000	g	
A328	NOTABLES COCOA BWL #2063	1	1 PACK	63
Nutrient		Value	Units	
	Food Energy	280.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	59.0001	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
Nutrient		Value	Units	
	Food Energy	486.1077	kcal	
Nutrient		Value	Units	
	Carbohydrate	0.0000	g	
A532	APPLE WHOLE GALA	1	1 APPLE	63
Nutrient		Value	Units	
	Food Energy	139.0768	kcal	
Nutrient		Value	Units	
	Carbohydrate	33.9999	g	
a534	BANANA	1	1 BANANA	38
Nutrient		Value	Units	
	Food Energy	110.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	29.0000	g	
A533	ORANGE	1	1 ORANGE	26
Nutrient		Value	Units	
	Food Energy	50.0368	kcal	
Nutrient		Value	Units	
	Carbohydrate	11.8837	g	
A587	JUICE, BLUE RAZZ	1	1 CARTON	189
Nutrient		Value	Units	
	Food Energy	60.0001	kcal	
Nutrient		Value	Units	
	Carbohydrate	14.0000	g	

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2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	83
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	86
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	83
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 3/4/2020 **Feeding Figure:** 700
Base Menu Plan: 1,004,799 MS 19-20 LUNCH W1D3
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A149	CHILI DOG	1	1 CHILI DOG	215
	Nutrient	Value	Units	
	Food Energy	442.1441	kcal	
	Nutrient	Value	Units	
	Carbohydrate	32.6458	g	
A453	LASAGNA ROLLUP WG	1	1 PIECE	54
	Nutrient	Value	Units	
	Food Energy	159.8090	kcal	
	Nutrient	Value	Units	
	Carbohydrate	15.3769	g	
A379	BREADSTICK WG #1361	1	1 BREADSTICK	54
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	21.0000	g	
A004	HAMBURGER ON WG BUN	1	1 SANDWICH	54
	Nutrient	Value	Units	
	Food Energy	300.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	27.0000	g	
A197	CHICKEN SPICY SANDWICH	1	1 SANDWICH	54
	Nutrient	Value	Units	
	Food Energy	354.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	39.0001	g	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	27
	Nutrient	Value	Units	
	Food Energy	10.4961	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.0652	g	
1219	POTATO TATER TOTS	1	SERVING 9 PIECES	108
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	17.0000	g	
A473	GRAB NGO UNCRUSTABLE PBJ-grape	1	1 SANDWICH/CHIPS	27
	Nutrient	Value	Units	
	Food Energy	1,152.6792	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	

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A472	GRAB NGO UNCRUSTABLE PBJ-straw	1	1 SANDWICH/CHIPS	27
	Nutrient	Value	Units	
	Food Energy	1,179.1229	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A549	GRAB N GO WG CKN SALAD SAND	1	1 SANDWICH/CHIPS	38
	Nutrient	Value	Units	
	Food Energy	527.4787	kcal	
	Nutrient	Value	Units	
	Carbohydrate	82.7924	g	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	27
	Nutrient	Value	Units	
	Food Energy	440.1598	kcal	
	Nutrient	Value	Units	
	Carbohydrate	51.6833	g	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	17
	Nutrient	Value	Units	
	Food Energy	502.0197	kcal	
	Nutrient	Value	Units	
	Carbohydrate	52.9579	g	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	24
	Nutrient	Value	Units	
	Food Energy	430.9694	kcal	
	Nutrient	Value	Units	
	Carbohydrate	51.4971	g	
A011	VEGETABLES, MIXED	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	57.6055	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.6733	g	
A057	BROCCOLI, STEAMED	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	42.3607	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.7936	g	
A003	SALAD, DARK GREENS	1	1 CUP	27
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.7522	g	
A448	BEANS, RED (SALAD BAR)	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	65.0014	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0002	g	
7035	PEACHES SLICED LS	1	3/4 CUP	215
	Nutrient	Value	Units	
	Food Energy	90.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	21.0001	g	
2079	APPLE GALA 138 CT	1	APPLE (1)	27
	Nutrient	Value	Units	
	Food Energy	74.8864	kcal	
	Nutrient	Value	Units	
	Carbohydrate	18.3074	g	

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Independence Central Office

Scheduled Menu Plans

2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	108
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	54
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 3/5/2020 **Feeding Figure:** 251
Base Menu Plan: 5,171 MS BIC JAN 19-20 W1D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A551	EGG, TAC-GO, IW #2444	1	1 PKG	123
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
A575	SALSA, CONDIMENT	1	1/4 CUP	123
	Nutrient	Value	Units	
	Food Energy	22.0768	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.4153	g	
A572	POPTART, IW STRAWBERRY WG	1	1 PKG	63
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	38.0000	g	
1919	NUTRIGRAIN BLUEBERRY	1	PKG (1)	63
	Nutrient	Value	Units	
	Food Energy	160.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	30.0000	g	
7147	CHEESE MOZZ STRING 1 OZ	1	Ounce	101
	Nutrient	Value	Units	
	Food Energy	90.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	486.1077	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A532	APPLE WHOLE GALA	1	1 APPLE	63
	Nutrient	Value	Units	
	Food Energy	139.0768	kcal	
	Nutrient	Value	Units	
	Carbohydrate	33.9999	g	
a534	BANANA	1	1 BANANA	63
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	29.0000	g	
A533	ORANGE	1	1/2 CUP (4-6 WEDGES)	26
	Nutrient	Value	Units	
	Food Energy	31.2503	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.4219	g	

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Independence Central Office

Scheduled Menu Plans

A588	JUICE, ROYAL GRAPE #1467	1	1 CARTON	189
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	83
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	86
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	83
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 3/5/2020 **Feeding Figure:** 700
Base Menu Plan: 5,115 MS 19-20 LUNCH W1D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A383	CHICKEN PATTY WG BREADED#2344	1	1 PATTY	215
	Nutrient	Value	Units	
	Food Energy	200.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.0000	g	
A140	COUNTRY GRAVY	1	2 OZ	215
	Nutrient	Value	Units	
	Food Energy	59.4904	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.4986	g	
A005	POTATOES, MASHED	1	1/2 CUP	215
	Nutrient	Value	Units	
	Food Energy	85.3963	kcal	
	Nutrient	Value	Units	
	Carbohydrate	18.1467	g	
A026	ROLLS, WHEAT, WG	1	2 OUNCE	215
	Nutrient	Value	Units	
	Food Energy	178.5303	kcal	
	Nutrient	Value	Units	
	Carbohydrate	29.0164	g	
A342	CHEESESTICKS MOZZ BRD #1145	1	1 SERVING (6)	54
	Nutrient	Value	Units	
	Food Energy	319.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	33.0001	g	
1310	SAUCE MARINARA	1	(2 OZ) SERVING	54
	Nutrient	Value	Units	
	Food Energy	45.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.5000	g	
A100	CHEESEBURGER ON WG BUN	1	1 SANDWICH	54
	Nutrient	Value	Units	
	Food Energy	498.2726	kcal	
	Nutrient	Value	Units	
	Carbohydrate	41.0342	g	

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Independence Central Office

Scheduled Menu Plans

A195	SANDWICH, CHICKEN WG	1	1 SANDWICH	54
	Nutrient	Value	Units	
	Food Energy	369.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	39.0001	g	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	27
	Nutrient	Value	Units	
	Food Energy	10.4961	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.0652	g	
A425	POTATO CRINKLE FRIES	1	1/2 CUP	108
	Nutrient	Value	Units	
	Food Energy	247.2316	kcal	
	Nutrient	Value	Units	
	Carbohydrate	41.9641	g	
A129	GRAB N GO WG TURKEY SAND. MEAL	1	1 SANDWICH/CHIPS	54
	Nutrient	Value	Units	
	Food Energy	573.7155	kcal	
	Nutrient	Value	Units	
	Carbohydrate	81.6087	g	
a234	GRAB N GO YOGURT MEAL W/CINN	1	1 MEAL	38
	Nutrient	Value	Units	
	Food Energy	939.6313	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	27
	Nutrient	Value	Units	
	Food Energy	430.9694	kcal	
	Nutrient	Value	Units	
	Carbohydrate	51.4971	g	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	27
	Nutrient	Value	Units	
	Food Energy	440.1598	kcal	
	Nutrient	Value	Units	
	Carbohydrate	51.6833	g	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	0
	Nutrient	Value	Units	
	Food Energy	502.0197	kcal	
	Nutrient	Value	Units	
	Carbohydrate	52.9579	g	
A070	CARROTS, COOKED	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	33.7337	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.8712	g	
A372	GREEN BEANS-2017	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	24.0027	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.5005	g	
A003	SALAD, DARK GREENS	1	1 CUP	27
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	

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Scheduled Menu Plans

A361	TOMATO, FRESH DICED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	82.4860	kcal	
a7074	BLUEBERRIES #7074	1	3/4 CUP	215
	Nutrient	Value	Units	
	Food Energy	67.0352	kcal	
2079	APPLE GALA 138 CT	1	APPLE (1)	27
	Nutrient	Value	Units	
	Food Energy	139.0768	kcal	
1320	APPLE GOLDEN 138	1	APPLE (1)	27
	Nutrient	Value	Units	
	Food Energy	130.0000	kcal	
1333	BANANAS PREM 40LB	1	BANANA (1)	27
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
1468	JUICE BLUE RAZZ	1	CARTON (1)	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
1086	SAUCE BBQ	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	29.1618	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
2225	KETCHUP SRIRACHA	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	24.9959	kcal	
1097	MUSTARD	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
1128	ITALIAN FF MARZETT	1	Ounce	6
	Nutrient	Value	Units	
	Food Energy	13.7074	kcal	

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Scheduled Menu Plans

2365	DRESSING RANCH OTT'S	1	Ounce	27
Nutrient		Value	Units	
	Food Energy	85.8443	kcal	
Nutrient		Value	Units	
	Carbohydrate	4.2922	g	
1832	DRESSING CAESAR LITE	1	Ounce	6
Nutrient		Value	Units	
	Food Energy	61.9469	kcal	
Nutrient		Value	Units	
	Carbohydrate	2.6549	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	108
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	108
Nutrient		Value	Units	
	Food Energy	120.0001	kcal	
Nutrient		Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	54
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 3/9/2020 **Feeding Figure:** 251
Base Menu Plan: 5,168 MS BIC JAN 19-20 W1D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2438	BAR CINN TOAST CRUNCH FRZ	1	PKG (1)	123
Nutrient		Value	Units	
	Food Energy	250.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	40.0000	g	
a329	NOTABLES LUCKY CHARM #2064	1	1 PACK	63
Nutrient		Value	Units	
	Food Energy	280.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	57.0000	g	
A328	NOTABLES COCOA BWL #2063	1	1 PACK	63
Nutrient		Value	Units	
	Food Energy	280.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	59.0001	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
Nutrient		Value	Units	
	Food Energy	486.1077	kcal	
Nutrient		Value	Units	
	Carbohydrate	0.0000	g	
A569	CHEESE, STRING MOZ LT #1015	1	1 PKG (1)	101
Nutrient		Value	Units	
	Food Energy	88.0040	kcal	
Nutrient		Value	Units	
	Carbohydrate	0.0000	g	
A532	APPLE WHOLE GALA	1	1 APPLE	63
Nutrient		Value	Units	
	Food Energy	139.0768	kcal	
Nutrient		Value	Units	
	Carbohydrate	33.9999	g	

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Scheduled Menu Plans

A533	ORANGE	1	1/2 CUP (4-6 WEDGES)	63
	Nutrient	Value	Units	
	Food Energy	31.2503	kcal	
a534	BANANA	1	1 BANANA	26
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
A587	JUICE, BLUE RAZZ	1	1 CARTON	88
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	83
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	83
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	86
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-8

Date: 3/9/2020

Feeding Figure: 537

Base Menu Plan: 5,218 MS 19-20 LUNCH W2D1

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A236	SRIRACHI CHICKEN	1	1 SERVING	215
	Nutrient	Value	Units	
	Food Energy	256.5849	kcal	
A552	RICE, STIR FRIED	1	3/4 CUP	215
	Nutrient	Value	Units	
	Food Energy	85.1356	kcal	
A101	RIB-Q ON BUN	1	1 SANDWICH	54
	Nutrient	Value	Units	
	Food Energy	354.5808	kcal	
1911	CHEETO PUFF	1	PKG (1)	54
	Nutrient	Value	Units	
	Food Energy	90.0000	kcal	
A004	HAMBURGER ON WG BUN	1	1 SANDWICH	54
	Nutrient	Value	Units	
	Food Energy	300.0000	kcal	

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Scheduled Menu Plans

A197	CHICKEN SPICY SANDWICH	1	1 SANDWICH	54
	Nutrient	Value	Units	
	Food Energy	354.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	39.0001	g	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	27
	Nutrient	Value	Units	
	Food Energy	10.4961	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.0652	g	
A425	POTATO CRINKLE FRIES	1	1/2 CUP	108
	Nutrient	Value	Units	
	Food Energy	247.2316	kcal	
	Nutrient	Value	Units	
	Carbohydrate	41.9641	g	
A473	GRAB NGO UNCRUSTABLE PBJ-grape	1	1 SANDWICH/CHIPS	27
	Nutrient	Value	Units	
	Food Energy	1,152.6792	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A472	GRAB NGO UNCRUSTABLE PBJ-straw	1	1 SANDWICH/CHIPS	27
	Nutrient	Value	Units	
	Food Energy	1,179.1229	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A549	GRAB N GO WG CKN SALAD SAND	1	1 SANDWICH/CHIPS	38
	Nutrient	Value	Units	
	Food Energy	527.4787	kcal	
	Nutrient	Value	Units	
	Carbohydrate	82.7924	g	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	27
	Nutrient	Value	Units	
	Food Energy	430.9694	kcal	
	Nutrient	Value	Units	
	Carbohydrate	51.4971	g	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	27
	Nutrient	Value	Units	
	Food Energy	440.1598	kcal	
	Nutrient	Value	Units	
	Carbohydrate	51.6833	g	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	14
	Nutrient	Value	Units	
	Food Energy	502.0197	kcal	
	Nutrient	Value	Units	
	Carbohydrate	52.9579	g	
A1223	CARROTS BABY 20LBS	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	35.0206	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.0047	g	
A012	PEAS	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	73.6704	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.7409	g	
A003	SALAD, DARK GREENS	1	1 CUP	27
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	

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Independence Central Office

Scheduled Menu Plans

A361	TOMATO, FRESH DICED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.7522	g	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	82.4860	kcal	
	Nutrient	Value	Units	
	Carbohydrate	15.5007	g	
A584	PEARS, LS	1	3/4 CUP	215
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A590	APPLE WHOLE GOLDEN	1	1 APPLE	27
	Nutrient	Value	Units	
	Food Energy	130.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	33.9999	g	
A532	APPLE WHOLE GALA	1	1 APPLE	27
	Nutrient	Value	Units	
	Food Energy	139.0768	kcal	
	Nutrient	Value	Units	
	Carbohydrate	33.9999	g	
a534	BANANA	1	1 BANANA	27
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	29.0000	g	
A588	JUICE, ROYAL GRAPE #1467	1	1 CARTON	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
A587	JUICE, BLUE RAZZ	1	1 CARTON	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
A578	KETCHUP, CONDIMENT #2286	1	1 OUNCE	27
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.3320	g	
A591	KETCHUP, SRIRACHI #2225	1	1 OUNCE	11
	Nutrient	Value	Units	
	Food Energy	24.9959	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.6656	g	
A577	MUSTARD, CONDIMENT #1097	1	1 OUNCE	11
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A580	SAUCE, BBQ #1086	1	1 OUNCE	11
	Nutrient	Value	Units	
	Food Energy	29.1618	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.6655	g	
A582	DRESSING, ITALIAN FF #1128	1	1 OUNCE	6
	Nutrient	Value	Units	
	Food Energy	13.7074	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7415	g	

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Independence Central Office

Scheduled Menu Plans

A581	DRESSING, RANCH OTT #2365	1	1 OUNCE	27
	Nutrient	Value	Units	
	Food Energy	85.8443	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.2922	g	
A592	DRESSING, CESEAR #1832	1	1 OUNCE	6
	Nutrient	Value	Units	
	Food Energy	61.9469	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.6549	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	108
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	108
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	54
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 3/10/2020 **Feeding Figure:** 251
Base Menu Plan: 5,169 MS BIC JAN 19-20 W1D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A324	PIZZA 3.67oz TRKYSAU BRKFST IW	1	1 PIZZA	123
	Nutrient	Value	Units	
	Food Energy	240.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	31.0000	g	
2406	POP TART FRST BLUEBERRY 17196	1	PKG (1)	63
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	38.0000	g	
1869	NUTRIGRAIN BAR STRAW	1	BAR (1)	63
	Nutrient	Value	Units	
	Food Energy	160.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	29.0000	g	
A569	CHEESE, STRING MOZ LT #1015	1	1 PKG (1)	101
	Nutrient	Value	Units	
	Food Energy	88.0040	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	486.1077	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A532	APPLE WHOLE GALA	1	1 APPLE	63
	Nutrient	Value	Units	
	Food Energy	139.0768	kcal	
	Nutrient	Value	Units	
	Carbohydrate	33.9999	g	

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Independence Central Office

Scheduled Menu Plans

a534	BANANA	1	1 BANANA	26
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	29.0000	g	
A533	ORANGE	1	1/2 CUP (4-6 WEDGES)	26
	Nutrient	Value	Units	
	Food Energy	37.5315	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.9137	g	
A588	JUICE, ROYAL GRAPE #1467	1	1 CARTON	189
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	83
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	86
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	83
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-8

Date: 3/10/2020

Feeding Figure: 537

Base Menu Plan: 4,855 MS 19-20 LUNCH W2D2

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A416	FIESTA NACHO-TACO MEAT	1	1 NACHO	215
	Nutrient	Value	Units	
	Food Energy	479.2583	kcal	
	Nutrient	Value	Units	
	Carbohydrate	42.2677	g	
A016	RICE, MEXICAN-STYLE	1	1/2 CUP	215
	Nutrient	Value	Units	
	Food Energy	78.7958	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.4837	g	
A575	SALSA, CONDIMENT	1	1/4 CUP	108
	Nutrient	Value	Units	
	Food Energy	22.0768	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.4153	g	
A510	PEPPER/ONION BLEND	1	1/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	10.4004	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.6001	g	
A069	BEANS, REFRIED	1	1/2 CUP	81
	Nutrient	Value	Units	
	Food Energy	38.1667	kcal	
	Nutrient	Value	Units	
	Carbohydrate	3.2487	g	

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Independence Central Office

Scheduled Menu Plans

A371	FISH&CHEESE SANDWICH	1	1 SANDWICH	54
	Nutrient	Value	Units	
	Food Energy	460.0000	kcal	
A033	SAUCE, TARTER	1	1 OZ	54
	Nutrient	Value	Units	
	Food Energy	26.9446	kcal	
A100	CHEESEBURGER ON WG BUN	1	1 SANDWICH	54
	Nutrient	Value	Units	
	Food Energy	498.2726	kcal	
A195	SANDWICH, CHICKEN WG	1	1 SANDWICH	54
	Nutrient	Value	Units	
	Food Energy	369.9999	kcal	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	27
	Nutrient	Value	Units	
	Food Energy	10.4961	kcal	
A455	POTATO SWT TRAX #2384	1	1/2 CUP	108
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
A129	GRAB N GO WG TURKEY SAND. MEAL	1	1 SANDWICH/CHIPS	54
	Nutrient	Value	Units	
	Food Energy	573.7155	kcal	
a234	GRAB N GO YOGURT MEAL W/CINN	1	1 MEAL	27
	Nutrient	Value	Units	
	Food Energy	939.6313	kcal	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	27
	Nutrient	Value	Units	
	Food Energy	430.9694	kcal	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	27
	Nutrient	Value	Units	
	Food Energy	440.1598	kcal	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	25
	Nutrient	Value	Units	
	Food Energy	502.0197	kcal	
A359	CORN, COOKED	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	406.5714	kcal	

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Independence Central Office

Scheduled Menu Plans

A014	VEGGIE FRESH MIX	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	22.5882	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.7678	g	
A003	SALAD, DARK GREENS	1	1 CUP	27
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.7522	g	
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	70.0463	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.7357	g	
A7078	STRAWBERRIES #7112	1	3/4 CUP	215
	Nutrient	Value	Units	
	Food Energy	58.2774	kcal	
	Nutrient	Value	Units	
	Carbohydrate	15.1521	g	
A590	APPLE WHOLE GOLDEN	1	1 APPLE	27
	Nutrient	Value	Units	
	Food Energy	130.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	33.9999	g	
A532	APPLE WHOLE GALA	1	1 APPLE	27
	Nutrient	Value	Units	
	Food Energy	139.0768	kcal	
	Nutrient	Value	Units	
	Carbohydrate	33.9999	g	
a534	BANANA	1	1 BANANA	27
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	29.0000	g	
A587	JUICE, BLUE RAZZ	1	1 CARTON	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
A588	JUICE, ROYAL GRAPE #1467	1	1 CARTON	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
A578	KETCHUP, CONDIMENT #2286	1	1 OUNCE	27
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.3320	g	
A577	MUSTARD, CONDIMENT #1097	1	1 OUNCE	11
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	

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Independence Central Office

Scheduled Menu Plans

A591	KETCHUP, SRIRACHI #2225	1	1 OUNCE	11
	Nutrient	Value	Units	Nutrient
	Food Energy	24.9959	kcal	Carbohydrate
				6.6656 g
A580	SAUCE, BBQ #1086	1	1 OUNCE	11
	Nutrient	Value	Units	Nutrient
	Food Energy	29.1618	kcal	Carbohydrate
				6.6655 g
A581	DRESSING, RANCH OTT #2365	1	1 OUNCE	27
	Nutrient	Value	Units	Nutrient
	Food Energy	85.8443	kcal	Carbohydrate
				4.2922 g
A592	DRESSING, CESEAR #1832	1	1 OUNCE	6
	Nutrient	Value	Units	Nutrient
	Food Energy	61.9469	kcal	Carbohydrate
				2.6549 g
A582	DRESSING, ITALIAN FF #1128	1	1 OUNCE	6
	Nutrient	Value	Units	Nutrient
	Food Energy	13.7074	kcal	Carbohydrate
				2.7415 g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	108
	Nutrient	Value	Units	Nutrient
	Food Energy	129.9999	kcal	Carbohydrate
				23.0000 g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	108
	Nutrient	Value	Units	Nutrient
	Food Energy	120.0001	kcal	Carbohydrate
				22.0001 g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	54
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				11.0000 g

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-8

Date: 3/11/2020

Feeding Figure: 251

Base Menu Plan: 5,170 MS BIC JAN 19-20 W1D3

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A393	DONUT GLAZED RIDGEWOOD #2325	1	1 DONUT	123
	Nutrient	Value	Units	Nutrient
	Food Energy	176.5800	kcal	Carbohydrate
				21.0400 g
A569	CHEESE, STRING MOZ LT #1015	1	1 PKG (1)	101
	Nutrient	Value	Units	Nutrient
	Food Energy	88.0040	kcal	Carbohydrate
				0.0000 g
a329	NOTABLES LUCKY CHARM #2064	1	1 PACK	63
	Nutrient	Value	Units	Nutrient
	Food Energy	280.0000	kcal	Carbohydrate
				57.0000 g

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Independence Central Office

Scheduled Menu Plans

A328	NOTABLES COCOA BWL #2063	1	1 PACK	63
	Nutrient	Value	Units	
	Food Energy	280.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	59.0001	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	486.1077	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A532	APPLE WHOLE GALA	1	1 APPLE	63
	Nutrient	Value	Units	
	Food Energy	139.0768	kcal	
	Nutrient	Value	Units	
	Carbohydrate	33.9999	g	
a534	BANANA	1	1 BANANA	38
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	29.0000	g	
A533	ORANGE	1	1 ORANGE	26
	Nutrient	Value	Units	
	Food Energy	50.0368	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.8837	g	
A587	JUICE, BLUE RAZZ	1	1 CARTON	189
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	83
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	86
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	83
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-8

Date: 3/11/2020

Feeding Figure: 537

Base Menu Plan: 4,856 MS 19-20 LUNCH W2D3

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A555	SPAGHETTI & MEATSAUCE 19- 20	1	1 SERVING	215
	Nutrient	Value	Units	
	Food Energy	324.6268	kcal	
	Nutrient	Value	Units	
	Carbohydrate	40.8287	g	
A379	BREADSTICK WG #1361	1	1 BREADSTICK	215
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	21.0000	g	

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Independence Central Office

Scheduled Menu Plans

A451	CORN DOG-MINI TRK WG #2382	1	6 MINI CORNDOGS	54
	Nutrient	Value	Units	
	Food Energy	267.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	33.0001	g	
A004	HAMBURGER ON WG BUN	1	1 SANDWICH	54
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A197	CHICKEN SPICY SANDWICH	1	1 SANDWICH	54
	Nutrient	Value	Units	
	Food Energy	354.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	39.0001	g	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	27
	Nutrient	Value	Units	
	Food Energy	10.4961	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.0652	g	
A496	POTATO TATER TOTS #1219	1	1/2 CUP	108
	Nutrient	Value	Units	
	Food Energy	110.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	17.0000	g	
A473	GRAB NGO UNCRUSTABLE PBJ-grape	1	1 SANDWICH/CHIPS	27
	Nutrient	Value	Units	
	Food Energy	1,152.6792	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A472	GRAB NGO UNCRUSTABLE PBJ-straw	1	1 SANDWICH/CHIPS	27
	Nutrient	Value	Units	
	Food Energy	1,179.1229	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A549	GRAB N GO WG CKN SALAD SAND	1	1 SANDWICH/CHIPS	27
	Nutrient	Value	Units	
	Food Energy	527.4787	kcal	
	Nutrient	Value	Units	
	Carbohydrate	82.7924	g	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	27
	Nutrient	Value	Units	
	Food Energy	502.0197	kcal	
	Nutrient	Value	Units	
	Carbohydrate	52.9579	g	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	27
	Nutrient	Value	Units	
	Food Energy	440.1598	kcal	
	Nutrient	Value	Units	
	Carbohydrate	51.6833	g	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	25
	Nutrient	Value	Units	
	Food Energy	430.9694	kcal	
	Nutrient	Value	Units	
	Carbohydrate	51.4971	g	
A469	VEGETABLE BLEND, ITALIAN #1204	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	34.9928	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.9988	g	
A057	BROCCOLI, STEAMED	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	42.3607	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.7936	g	

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Independence Central Office

Scheduled Menu Plans

A003	SALAD, DARK GREENS	1	1 CUP	27
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
A361	TOMATO, FRESH DICED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
a7024	BEANS, PINTO (SALAD BAR)	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	2.6306	kcal	
A576	PEACHES, LS	1	3/4 CUP	215
	Nutrient	Value	Units	
	Food Energy	91.4979	kcal	
A532	APPLE WHOLE GALA	1	1 APPLE	27
	Nutrient	Value	Units	
	Food Energy	139.0768	kcal	
A590	APPLE WHOLE GOLDEN	1	1 APPLE	27
	Nutrient	Value	Units	
	Food Energy	130.0000	kcal	
a534	BANANA	1	1 BANANA	27
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
A587	JUICE, BLUE RAZZ	1	1 CARTON	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
A588	JUICE, ROYAL GRAPE #1467	1	1 CARTON	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
A592	DRESSING, CESEAR #1832	1	1 OUNCE	6
	Nutrient	Value	Units	
	Food Energy	61.9469	kcal	
A581	DRESSING, RANCH OTT #2365	1	1 OUNCE	27
	Nutrient	Value	Units	
	Food Energy	85.8443	kcal	
A582	DRESSING, ITALIAN FF #1128	1	1 OUNCE	6
	Nutrient	Value	Units	
	Food Energy	13.7074	kcal	

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Independence Central Office

Scheduled Menu Plans

A578	KETCHUP, CONDIMENT #2286	1	1 OUNCE	27
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.3320	g	
A591	KETCHUP, SRIRACHI #2225	1	1 OUNCE	11
	Nutrient	Value	Units	
	Food Energy	24.9959	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.6656	g	
A577	MUSTARD, CONDIMENT #1097	1	1 OUNCE	11
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A580	SAUCE, BBQ #1086	1	1 OUNCE	11
	Nutrient	Value	Units	
	Food Energy	29.1618	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.6655	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	54
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	108
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	108
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 3/12/2020 **Feeding Figure:** 251
Base Menu Plan: 5,171 MS BIC JAN 19-20 W1D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A551	EGG, TAC-GO, IW #2444	1	1 PKG	123
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
A575	SALSA, CONDIMENT	1	1/4 CUP	123
	Nutrient	Value	Units	
	Food Energy	22.0768	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.4153	g	
A572	POPTART, IW STRAWBERRY WG	1	1 PKG	63
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	38.0000	g	
1919	NUTRIGRAIN BLUEBERRY	1	PKG (1)	63
	Nutrient	Value	Units	
	Food Energy	160.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	30.0000	g	

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Independence Central Office

Scheduled Menu Plans

7147	CHEESE MOZZ STRING 1 OZ	1	Ounce	101
	Nutrient	Value	Units	
	Food Energy	90.0000	kcal	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	486.1077	kcal	
A532	APPLE WHOLE GALA	1	1 APPLE	63
	Nutrient	Value	Units	
	Food Energy	139.0768	kcal	
a534	BANANA	1	1 BANANA	63
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
A533	ORANGE	1	1/2 CUP (4-6 WEDGES)	26
	Nutrient	Value	Units	
	Food Energy	31.2503	kcal	
A588	JUICE, ROYAL GRAPE #1467	1	1 CARTON	189
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	83
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	86
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	83
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-8

Date: 3/12/2020

Feeding Figure: 537

Base Menu Plan: 4,857 MS 19-20 LUNCH W2D4

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A554	CHICKEN DRUMSTICK SPICY WG	1	1 DRUMSTICK	215
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
A055	POTATOES, AUGRATIN	1	1/2 CUP	215
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	

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Independence Central Office

Scheduled Menu Plans

A327	ROLL, DINNER WG #1974	1	1 DINNER ROLL	215
	Nutrient	Value	Units	
	Food Energy	130.0000	kcal	
A400	QUESO NACHO 4OZ HS	1	1 NACHO 4 OZ QUES	54
	Nutrient	Value	Units	
	Food Energy	506.0001	kcal	
A100	CHEESEBURGER ON WG BUN	1	1 SANDWICH	54
	Nutrient	Value	Units	
	Food Energy	498.2726	kcal	
A195	SANDWICH, CHICKEN WG	1	1 SANDWICH	54
	Nutrient	Value	Units	
	Food Energy	369.9999	kcal	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	27
	Nutrient	Value	Units	
	Food Energy	10.4961	kcal	
A425	POTATO CRINKLE FRIES	1	1/2 CUP	108
	Nutrient	Value	Units	
	Food Energy	247.2316	kcal	
A129	GRAB N GO WG TURKEY SAND. MEAL	1	1 SANDWICH/CHIPS	54
	Nutrient	Value	Units	
	Food Energy	573.7155	kcal	
a234	GRAB N GO YOGURT MEAL W/CINN	1	1 MEAL	27
	Nutrient	Value	Units	
	Food Energy	939.6313	kcal	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	27
	Nutrient	Value	Units	
	Food Energy	430.9694	kcal	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	27
	Nutrient	Value	Units	
	Food Energy	502.0197	kcal	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	25
	Nutrient	Value	Units	
	Food Energy	440.1598	kcal	
A372	GREEN BEANS-2017	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	24.0027	kcal	

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Independence Central Office

Scheduled Menu Plans

A070	CARROTS, COOKED	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	33.7337	kcal	
A003	SALAD, DARK GREENS	1	1 CUP	27
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
A361	TOMATO, FRESH DICED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	82.4860	kcal	
a7074	BLUEBERRIES #7074	1	3/4 CUP	215
	Nutrient	Value	Units	
	Food Energy	67.0352	kcal	
A590	APPLE WHOLE GOLDEN	1	1 APPLE	27
	Nutrient	Value	Units	
	Food Energy	130.0000	kcal	
A532	APPLE WHOLE GALA	1	1 APPLE	27
	Nutrient	Value	Units	
	Food Energy	139.0768	kcal	
a534	BANANA	1	1 BANANA	27
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
A587	JUICE, BLUE RAZZ	1	1 CARTON	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
A588	JUICE, ROYAL GRAPE #1467	1	1 CARTON	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
A578	KETCHUP, CONDIMENT #2286	1	1 OUNCE	27
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
A591	KETCHUP, SRIRACHI #2225	1	1 OUNCE	11
	Nutrient	Value	Units	
	Food Energy	24.9959	kcal	

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Independence Central Office

Scheduled Menu Plans

A577	MUSTARD, CONDIMENT #1097	1	1 OUNCE	11
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
A580	SAUCE, BBQ #1086	1	1 OUNCE	11
	Nutrient	Value	Units	
	Food Energy	29.1618	kcal	
A582	DRESSING, ITALIAN FF #1128	1	1 OUNCE	6
	Nutrient	Value	Units	
	Food Energy	13.7074	kcal	
A581	DRESSING, RANCH OTT #2365	1	1 OUNCE	27
	Nutrient	Value	Units	
	Food Energy	85.8443	kcal	
A592	DRESSING, CESEAR #1832	1	1 OUNCE	6
	Nutrient	Value	Units	
	Food Energy	61.9469	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	108
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	108
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	54
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-8

Date: 3/13/2020

Feeding Figure: 251

Base Menu Plan: 5,172 MS BIC JAN 19-20 W1D5

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A567	TOAST APPLE CINN IW#2472	1	1 PACK	123
	Nutrient	Value	Units	
	Food Energy	260.0000	kcal	
A569	CHEESE, STRING MOZ LT #1015	1	1 PKG (1)	101
	Nutrient	Value	Units	
	Food Energy	88.0040	kcal	
a329	NOTABLES LUCKY CHARM #2064	1	1 PACK	63
	Nutrient	Value	Units	
	Food Energy	280.0000	kcal	

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Independence Central Office

Scheduled Menu Plans

A328	NOTABLES COCOA BWL #2063	1	1 PACK	63
	Nutrient	Value	Units	
	Food Energy	280.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	59.0001	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	2
	Nutrient	Value	Units	
	Food Energy	486.1077	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A532	APPLE WHOLE GALA	1	1 APPLE	63
	Nutrient	Value	Units	
	Food Energy	139.0768	kcal	
	Nutrient	Value	Units	
	Carbohydrate	33.9999	g	
a534	BANANA	1	1 BANANA	63
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	29.0000	g	
A533	ORANGE	1	1/2 CUP (4-6 WEDGES)	26
	Nutrient	Value	Units	
	Food Energy	31.2503	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.4219	g	
A587	JUICE, BLUE RAZZ	1	1 CARTON	189
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	83
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	83
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	86
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Lunch
Date: 3/13/2020
Base Menu Plan: 2,880 MS 19-20 CHILI
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-8
Feeding Figure: 537

Stock Number	Description	Serving Size	Measure	Projected Quantity
A080	CHILI	1	3/4 CUP	215
	Nutrient	Value	Units	
	Food Energy	204.8990	kcal	
	Nutrient	Value	Units	
	Carbohydrate	19.8847	g	
A585	CRACKERS WG IW 2PACK	1	2 PKG (4 CRACKERS)	215
	Nutrient	Value	Units	
	Food Energy	4.9500	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.9932	g	

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Independence Central Office

Scheduled Menu Plans

A302	CINNAMON ROLLS PREMADE	1	1 ROLL	215
	Nutrient	Value	Units	
	Food Energy	345.2202	kcal	
	Nutrient	Value	Units	
	Carbohydrate	50.1330	g	
4118	BOWL DISPOSABLE 12 OZ	1	BOWL (1)	215
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A345	PIZZA FIESTADA WG #2170	1	1 PIECE	54
	Nutrient	Value	Units	
	Food Energy	340.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	39.0000	g	
A004	HAMBURGER ON WG BUN	1	1 SANDWICH	54
	Nutrient	Value	Units	
	Food Energy	300.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	27.0000	g	
A197	CHICKEN SPICY SANDWICH	1	1 SANDWICH	54
	Nutrient	Value	Units	
	Food Energy	354.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	39.0001	g	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	81
	Nutrient	Value	Units	
	Food Energy	10.4961	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.0652	g	
A581	DRESSING, RANCH OTT #2365	1	1 OUNCE	27
	Nutrient	Value	Units	
	Food Energy	85.8443	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.2922	g	
A593	POTATO SPICY FRIES	1	1/2 CUP	108
	Nutrient	Value	Units	
	Food Energy	140.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0000	g	
A473	GRAB NGO UNCRUSTABLE PBJ-grape	1	1 SANDWICH/CHIPS	27
	Nutrient	Value	Units	
	Food Energy	1,152.6792	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A472	GRAB NGO UNCRUSTABLE PBJ-straw	1	1 SANDWICH/CHIPS	27
	Nutrient	Value	Units	
	Food Energy	1,179.1229	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A549	GRAB N GO WG CKN SALAD SAND	1	1 SANDWICH/CHIPS	27
	Nutrient	Value	Units	
	Food Energy	527.4787	kcal	
	Nutrient	Value	Units	
	Carbohydrate	82.7924	g	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	27
	Nutrient	Value	Units	
	Food Energy	430.9694	kcal	
	Nutrient	Value	Units	
	Carbohydrate	51.4971	g	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	27
	Nutrient	Value	Units	
	Food Energy	502.0197	kcal	
	Nutrient	Value	Units	
	Carbohydrate	52.9579	g	

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Independence Central Office

Scheduled Menu Plans

A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	25
	Nutrient	Value	Units	
	Food Energy	440.1598	kcal	
	Nutrient	Value	Units	
	Carbohydrate	51.6833	g	
A003	SALAD, DARK GREENS	1	1 CUP	27
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.7522	g	
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	70.0463	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.7357	g	
A011	VEGETABLES, MIXED	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	57.6055	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.6733	g	
A066	CUCUMBER SALAD	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	23.2985	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.8480	g	
A532	APPLE WHOLE GALA	1	1 APPLE	27
	Nutrient	Value	Units	
	Food Energy	139.0768	kcal	
	Nutrient	Value	Units	
	Carbohydrate	33.9999	g	
A590	APPLE WHOLE GOLDEN	1	1 APPLE	27
	Nutrient	Value	Units	
	Food Energy	130.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	33.9999	g	
a534	BANANA	1	1 BANANA	27
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	29.0000	g	
A586	APPLESAUCE	1	3/4 CUP	215
	Nutrient	Value	Units	
	Food Energy	73.3929	kcal	
	Nutrient	Value	Units	
	Carbohydrate	20.1472	g	
A587	JUICE, BLUE RAZZ	1	1 CARTON	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
A588	JUICE, ROYAL GRAPE #1467	1	1 CARTON	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	

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Independence Central Office

Scheduled Menu Plans

A578	KETCHUP, CONDIMENT #2286	1	1 OUNCE	403
	Nutrient	Value	Units	Nutrient
	Food Energy	33.3278	kcal	Carbohydrate
				8.3320 g
A591	KETCHUP, SRIRACHI #2225	1	1 OUNCE	11
	Nutrient	Value	Units	Nutrient
	Food Energy	24.9959	kcal	Carbohydrate
				6.6656 g
A580	SAUCE, BBQ #1086	1	1 OUNCE	27
	Nutrient	Value	Units	Nutrient
	Food Energy	29.1618	kcal	Carbohydrate
				6.6655 g
A577	MUSTARD, CONDIMENT #1097	1	1 OUNCE	11
	Nutrient	Value	Units	Nutrient
	Food Energy	0.0000	kcal	Carbohydrate
				0.0000 g
A582	DRESSING, ITALIAN FF #1128	1	1 OUNCE	6
	Nutrient	Value	Units	Nutrient
	Food Energy	13.7074	kcal	Carbohydrate
				2.7415 g
A592	DRESSING, CESEAR #1832	1	1 OUNCE	6
	Nutrient	Value	Units	Nutrient
	Food Energy	61.9469	kcal	Carbohydrate
				2.6549 g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	108
	Nutrient	Value	Units	Nutrient
	Food Energy	129.9999	kcal	Carbohydrate
				23.0000 g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	108
	Nutrient	Value	Units	Nutrient
	Food Energy	120.0001	kcal	Carbohydrate
				22.0001 g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	54
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				11.0000 g

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-8

Date: 3/16/2020

Feeding Figure: 251

Base Menu Plan: 5,168 MS BIC JAN 19-20 W1D1

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2438	BAR CINN TOAST CRUNCH FRZ	1	PKG (1)	123
	Nutrient	Value	Units	Nutrient
	Food Energy	250.0000	kcal	Carbohydrate
				40.0000 g
a329	NOTABLES LUCKY CHARM #2064	1	1 PACK	63
	Nutrient	Value	Units	Nutrient
	Food Energy	280.0000	kcal	Carbohydrate
				57.0000 g

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Independence Central Office

Scheduled Menu Plans

A328	NOTABLES COCOA BWL #2063	1	1 PACK	63
	Nutrient	Value	Units	
	Food Energy	280.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	59.0001	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	486.1077	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A569	CHEESE, STRING MOZ LT #1015	1	1 PKG (1)	101
	Nutrient	Value	Units	
	Food Energy	88.0040	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A532	APPLE WHOLE GALA	1	1 APPLE	63
	Nutrient	Value	Units	
	Food Energy	139.0768	kcal	
	Nutrient	Value	Units	
	Carbohydrate	33.9999	g	
A533	ORANGE	1	1/2 CUP (4-6 WEDGES)	63
	Nutrient	Value	Units	
	Food Energy	31.2503	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.4219	g	
a534	BANANA	1	1 BANANA	26
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	29.0000	g	
A587	JUICE, BLUE RAZZ	1	1 CARTON	88
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	83
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	83
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	86
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-8

Date: 3/16/2020

Feeding Figure: 537

Base Menu Plan: 5,217 MS 19-20 LUNCH W1D1

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A367	CHICKEN TERIYAKI W/ VEG	1	1 SERVING	215
	Nutrient	Value	Units	
	Food Energy	249.9894	kcal	
	Nutrient	Value	Units	
	Carbohydrate	38.9410	g	

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Independence Central Office

Scheduled Menu Plans

2416	FORTUNE COOKIE 40002	1	PKG (1)	215
	Nutrient	Value	Units	
	Food Energy	20.0000	kcal	
A101	RIB-Q ON BUN	1	1 SANDWICH	54
	Nutrient	Value	Units	
	Food Energy	354.5808	kcal	
1911	CHEETO PUFF	1	PKG (1)	54
	Nutrient	Value	Units	
	Food Energy	90.0000	kcal	
A004	HAMBURGER ON WG BUN	1	1 SANDWICH	54
	Nutrient	Value	Units	
	Food Energy	300.0000	kcal	
A197	CHICKEN SPICY SANDWICH	1	1 SANDWICH	54
	Nutrient	Value	Units	
	Food Energy	354.0000	kcal	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	27
	Nutrient	Value	Units	
	Food Energy	10.4961	kcal	
A425	POTATO CRINKLE FRIES	1	1/2 CUP	108
	Nutrient	Value	Units	
	Food Energy	247.2316	kcal	
A473	GRAB NGO UNCRUSTABLE PBJ-grape	1	1 SANDWICH/CHIPS	27
	Nutrient	Value	Units	
	Food Energy	1,152.6792	kcal	
A472	GRAB NGO UNCRUSTABLE PBJ-straw	1	1 SANDWICH/CHIPS	27
	Nutrient	Value	Units	
	Food Energy	1,179.1229	kcal	
A549	GRAB N GO WG CKN SALAD SAND	1	1 SANDWICH/CHIPS	38
	Nutrient	Value	Units	
	Food Energy	527.4787	kcal	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	27
	Nutrient	Value	Units	
	Food Energy	430.9694	kcal	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	17
	Nutrient	Value	Units	
	Food Energy	502.0197	kcal	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	0
	Nutrient	Value	Units	
	Food Energy	440.1598	kcal	

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Independence Central Office

Scheduled Menu Plans

A1223	CARROTS BABY 20LBS	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	35.0206	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.0047	g	
A012	PEAS	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	73.6704	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.7409	g	
A003	SALAD, DARK GREENS	1	1 CUP	27
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.7522	g	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	82.4860	kcal	
	Nutrient	Value	Units	
	Carbohydrate	15.5007	g	
7039	PEARS SLICED LS	1	3/4 CUP	215
	Nutrient	Value	Units	
	Food Energy	90.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.4999	g	
1320	APPLE GOLDEN 138	1	APPLE (1)	27
	Nutrient	Value	Units	
	Food Energy	130.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	33.9999	g	
2079	APPLE GALA 138 CT	1	APPLE (1)	27
	Nutrient	Value	Units	
	Food Energy	139.0768	kcal	
	Nutrient	Value	Units	
	Carbohydrate	33.9999	g	
1333	BANANAS PREM 40LB	1	BANANA (1)	27
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	29.0000	g	
1468	JUICE BLUE RAZZ	1	CARTON (1)	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
1128	ITALIAN FF MARZETT	1	Ounce	6
	Nutrient	Value	Units	
	Food Energy	13.7074	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7415	g	

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Independence Central Office

Scheduled Menu Plans

2365	DRESSING RANCH OTT'S	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	85.8443	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.2922	g	
1832	DRESSING CAESAR LITE	1	Ounce	6
	Nutrient	Value	Units	
	Food Energy	61.9469	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.6549	g	
2286	KETCHUP JUG WITH PUMP	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.3320	g	
2225	KETCHUP SRIRACHA	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	24.9959	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.6656	g	
1097	MUSTARD	1	Ounce	17
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
1086	SAUCE BBQ	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	29.1618	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.6655	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	108
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	108
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	54
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-8

Date: 3/17/2020

Feeding Figure: 251

Base Menu Plan: 5,169 MS BIC JAN 19-20 W1D2

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A324	PIZZA 3.67oz TRKYSAU BRKFST IW	1	1 PIZZA	123
	Nutrient	Value	Units	
	Food Energy	240.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	31.0000	g	
2406	POP TART FRST BLUEBERRY 17196	1	PKG (1)	63
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	38.0000	g	

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Independence Central Office

Scheduled Menu Plans

1869	NUTRIGRAIN BAR STRAW	1	BAR (1)	63
	Nutrient	Value	Units	
	Food Energy	160.0000	kcal	
A569	CHEESE, STRING MOZ LT #1015	1	1 PKG (1)	101
	Nutrient	Value	Units	
	Food Energy	88.0040	kcal	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	486.1077	kcal	
A532	APPLE WHOLE GALA	1	1 APPLE	63
	Nutrient	Value	Units	
	Food Energy	139.0768	kcal	
a534	BANANA	1	1 BANANA	26
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
A533	ORANGE	1	1/2 CUP (4-6 WEDGES)	26
	Nutrient	Value	Units	
	Food Energy	37.5315	kcal	
A588	JUICE, ROYAL GRAPE #1467	1	1 CARTON	189
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	83
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	86
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	83
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-8

Date: 3/17/2020

Feeding Figure: 537

Base Menu Plan: 1,004,803 MS 19-20 LUNCH W1D2

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A512	FIESTA NACHO-CHICKEN chipotle	1	1 NACHO	215
	Nutrient	Value	Units	
	Food Energy	426.4321	kcal	

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Independence Central Office

Scheduled Menu Plans

2390	COOKIE HOLIDAY SHAMROCK	1	COOKIE (1)	402
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	SALSA	1	1/4 CUP	215
	Nutrient	Value	Units	
	Food Energy	20.0000	kcal	
A510	PEPPER/ONION BLEND	1	1/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	10.4004	kcal	
A069	BEANS, REFRIED	1	1/2 CUP	81
	Nutrient	Value	Units	
	Food Energy	38.1667	kcal	
A467	CRUNCHERS, BUFFALO #2396	1	4 PIECES	27
	Nutrient	Value	Units	
	Food Energy	779.7307	kcal	
A100	CHEESEBURGER ON WG BUN	1	1 SANDWICH	81
	Nutrient	Value	Units	
	Food Energy	498.2726	kcal	
A195	SANDWICH, CHICKEN WG	1	1 SANDWICH	54
	Nutrient	Value	Units	
	Food Energy	369.9999	kcal	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	27
	Nutrient	Value	Units	
	Food Energy	10.4961	kcal	
A455	POTATO SWT TRAX #2384	1	1/2 CUP	108
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
A129	GRAB N GO WG TURKEY SAND. MEAL	1	1 SANDWICH/CHIPS	54
	Nutrient	Value	Units	
	Food Energy	573.7155	kcal	
a234	GRAB N GO YOGURT MEAL W/CINN	1	1 MEAL	38
	Nutrient	Value	Units	
	Food Energy	939.6313	kcal	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	27
	Nutrient	Value	Units	
	Food Energy	430.9694	kcal	

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Independence Central Office

Scheduled Menu Plans

A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	27
	Nutrient	Value	Units	
	Food Energy	440.1598	kcal	
	Nutrient	Value	Units	
	Carbohydrate	51.6833	g	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	14
	Nutrient	Value	Units	
	Food Energy	502.0197	kcal	
	Nutrient	Value	Units	
	Carbohydrate	52.9579	g	
A014	VEGGIE FRESH MIX	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	22.5882	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.7678	g	
A359	CORN, COOKED	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	406.5714	kcal	
	Nutrient	Value	Units	
	Carbohydrate	91.6621	g	
A003	SALAD, DARK GREENS	1	1 CUP	27
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.7522	g	
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	70.0463	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.7357	g	
A7078	STRAWBERRIES #7112	1	3/4 CUP	215
	Nutrient	Value	Units	
	Food Energy	58.2774	kcal	
	Nutrient	Value	Units	
	Carbohydrate	15.1521	g	
1333	BANANAS PREM 40LB	1	BANANA (1)	27
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	29.0000	g	
2079	APPLE GALA 138 CT	1	APPLE (1)	27
	Nutrient	Value	Units	
	Food Energy	139.0768	kcal	
	Nutrient	Value	Units	
	Carbohydrate	33.9999	g	
1320	APPLE GOLDEN 138	1	APPLE (1)	27
	Nutrient	Value	Units	
	Food Energy	130.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	33.9999	g	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	

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Independence Central Office

Scheduled Menu Plans

1468	JUICE BLUE RAZZ	1	CARTON (1)	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
2225	KETCHUP SRIRACHA	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	24.9959	kcal	
1097	MUSTARD	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
1086	SAUCE BBQ	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	29.1618	kcal	
2365	DRESSING RANCH OTT'S	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	85.8443	kcal	
1128	ITALIAN FF MARZETT	1	Ounce	6
	Nutrient	Value	Units	
	Food Energy	13.7074	kcal	
1832	DRESSING CAESAR LITE	1	Ounce	6
	Nutrient	Value	Units	
	Food Energy	61.9469	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	108
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	108
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	54
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-8

Date: 3/18/2020

Feeding Figure: 251

Base Menu Plan: 5,170 MS BIC JAN 19-20 W1D3

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
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Independence Central Office

Scheduled Menu Plans

Item ID	Item Name	Quantity	Unit	Total
A393	DONUT GLAZED RIDGEWOOD #2325	1	1 DONUT	123
	Nutrient	Value	Units	
	Food Energy	176.5800	kcal	
	Nutrient	Value	Units	
	Carbohydrate	21.0400	g	
A569	CHEESE, STRING MOZ LT #1015	1	1 PKG (1)	101
	Nutrient	Value	Units	
	Food Energy	88.0040	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
a329	NOTABLES LUCKY CHARM #2064	1	1 PACK	63
	Nutrient	Value	Units	
	Food Energy	280.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	57.0000	g	
A328	NOTABLES COCOA BWL #2063	1	1 PACK	63
	Nutrient	Value	Units	
	Food Energy	280.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	59.0001	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	486.1077	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A532	APPLE WHOLE GALA	1	1 APPLE	63
	Nutrient	Value	Units	
	Food Energy	139.0768	kcal	
	Nutrient	Value	Units	
	Carbohydrate	33.9999	g	
a534	BANANA	1	1 BANANA	38
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	29.0000	g	
A533	ORANGE	1	1 ORANGE	26
	Nutrient	Value	Units	
	Food Energy	50.0368	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.8837	g	
A587	JUICE, BLUE RAZZ	1	1 CARTON	189
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	83
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	86
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	83
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

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Independence Central Office

Scheduled Menu Plans

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-8

Date: 3/18/2020

Feeding Figure: 537

Base Menu Plan: 5,116 MS 19-20 LUNCH W1D3

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A149	CHILI DOG	1	1 CHILI DOG	215
	Nutrient	Value	Units	Nutrient
	Food Energy	442.1441	kcal	Carbohydrate
				32.6458 g
A535	CHICKEN & NOODLES-NON-WG GAGE	1	3/4 CUP	54
	Nutrient	Value	Units	Nutrient
	Food Energy	116.3326	kcal	Carbohydrate
				6.5002 g
A379	BREADSTICK WG #1361	1	1 BREADSTICK	54
	Nutrient	Value	Units	Nutrient
	Food Energy	110.0000	kcal	Carbohydrate
				21.0000 g
A004	HAMBURGER ON WG BUN	1	1 SANDWICH	54
	Nutrient	Value	Units	Nutrient
	Food Energy	300.0000	kcal	Carbohydrate
				27.0000 g
A197	CHICKEN SPICY SANDWICH	1	1 SANDWICH	54
	Nutrient	Value	Units	Nutrient
	Food Energy	354.0000	kcal	Carbohydrate
				39.0001 g
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	27
	Nutrient	Value	Units	Nutrient
	Food Energy	10.4961	kcal	Carbohydrate
				2.0652 g
1219	POTATO TATER TOTS	1	SERVING 9 PIECES	108
	Nutrient	Value	Units	Nutrient
	Food Energy	110.0000	kcal	Carbohydrate
				17.0000 g
A473	GRAB NGO UNCRUSTABLE PBJ-grape	1	1 SANDWICH/CHIPS	27
	Nutrient	Value	Units	Nutrient
	Food Energy	1,152.6792	kcal	Carbohydrate
				0.0000 g
A472	GRAB NGO UNCRUSTABLE PBJ-straw	1	1 SANDWICH/CHIPS	27
	Nutrient	Value	Units	Nutrient
	Food Energy	1,179.1229	kcal	Carbohydrate
				0.0000 g
A549	GRAB N GO WG CKN SALAD SAND	1	1 SANDWICH/CHIPS	38
	Nutrient	Value	Units	Nutrient
	Food Energy	527.4787	kcal	Carbohydrate
				82.7924 g
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	27
	Nutrient	Value	Units	Nutrient
	Food Energy	440.1598	kcal	Carbohydrate
				51.6833 g

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Independence Central Office

Scheduled Menu Plans

A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	17
	Nutrient	Value	Units	
	Food Energy	502.0197	kcal	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	24
	Nutrient	Value	Units	
	Food Energy	430.9694	kcal	
A011	VEGETABLES, MIXED	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	57.6055	kcal	
A057	BROCCOLI, STEAMED	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	42.3607	kcal	
A003	SALAD, DARK GREENS	1	1 CUP	27
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
A361	TOMATO, FRESH DICED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
A448	BEANS, RED (SALAD BAR)	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	65.0014	kcal	
7029	FRUIT MIXED	1	3/4 CUP	215
	Nutrient	Value	Units	
	Food Energy	90.0000	kcal	
2079	APPLE GALA 138 CT	1	APPLE (1)	27
	Nutrient	Value	Units	
	Food Energy	74.8864	kcal	
1320	APPLE GOLDEN 138	1	APPLE (1)	27
	Nutrient	Value	Units	
	Food Energy	83.0140	kcal	
1333	BANANAS PREM 40LB	1	BANANA (1)	27
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	

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Independence Central Office

Scheduled Menu Plans

1468	JUICE BLUE RAZZ	1	CARTON (1)	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
1128	ITALIAN FF MARZETT	1	Ounce	6
	Nutrient	Value	Units	
	Food Energy	13.7074	kcal	
2365	DRESSING RANCH OTT'S	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	85.8443	kcal	
1832	DRESSING CAESAR LITE	1	Ounce	6
	Nutrient	Value	Units	
	Food Energy	61.9469	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
2225	KETCHUP SRIRACHA	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	24.9959	kcal	
1097	MUSTARD	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
1086	SAUCE BBQ	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	29.1618	kcal	
1103	PICKLE RELISH	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	25.0000	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	108
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	108
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	54
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	

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Independence Central Office

Scheduled Menu Plans

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-8

Date: 3/19/2020

Feeding Figure: 251

Base Menu Plan: 5,171 MS BIC JAN 19-20 W1D4

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A551	EGG, TAC-GO, IW #2444	1	1 PKG	123		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	180.0000	kcal	Carbohydrate	14.0000	g
A575	SALSA, CONDIMENT	1	1/4 CUP	123		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	22.0768	kcal	Carbohydrate	4.4153	g
A572	POPTART, IW STRAWBERRY WG	1	1 PKG	63		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	180.0000	kcal	Carbohydrate	38.0000	g
1919	NUTRIGRAIN BLUEBERRY	1	PKG (1)	63		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	160.0000	kcal	Carbohydrate	30.0000	g
7147	CHEESE MOZZ STRING 1 OZ	1	Ounce	101		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	90.0000	kcal	Carbohydrate	0.0000	g
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	486.1077	kcal	Carbohydrate	0.0000	g
A532	APPLE WHOLE GALA	1	1 APPLE	63		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	139.0768	kcal	Carbohydrate	33.9999	g
a534	BANANA	1	1 BANANA	63		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	110.0000	kcal	Carbohydrate	29.0000	g
A533	ORANGE	1	1/2 CUP (4-6 WEDGES)	26		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	31.2503	kcal	Carbohydrate	7.4219	g
A588	JUICE, ROYAL GRAPE #1467	1	1 CARTON	189		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0001	kcal	Carbohydrate	14.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	83		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g

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Independence Central Office

Scheduled Menu Plans

A425	POTATO CRINKLE FRIES	1	1/2 CUP	108
	Nutrient	Value	Units	
	Food Energy	247.2316	kcal	
	Nutrient	Value	Units	
	Carbohydrate	41.9641	g	
A129	GRAB N GO WG TURKEY SAND. MEAL	1	1 SANDWICH/CHIPS	54
	Nutrient	Value	Units	
	Food Energy	573.7155	kcal	
	Nutrient	Value	Units	
	Carbohydrate	81.6087	g	
a234	GRAB N GO YOGURT MEAL W/CINN	1	1 MEAL	38
	Nutrient	Value	Units	
	Food Energy	939.6313	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	27
	Nutrient	Value	Units	
	Food Energy	430.9694	kcal	
	Nutrient	Value	Units	
	Carbohydrate	51.4971	g	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	27
	Nutrient	Value	Units	
	Food Energy	440.1598	kcal	
	Nutrient	Value	Units	
	Carbohydrate	51.6833	g	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	0
	Nutrient	Value	Units	
	Food Energy	502.0197	kcal	
	Nutrient	Value	Units	
	Carbohydrate	52.9579	g	
A070	CARROTS, COOKED	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	33.7337	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.8712	g	
A372	GREEN BEANS-2017	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	24.0027	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.5005	g	
A003	SALAD, DARK GREENS	1	1 CUP	27
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.7522	g	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	82.4860	kcal	
	Nutrient	Value	Units	
	Carbohydrate	15.5007	g	

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Independence Central Office

Scheduled Menu Plans

a7074	BLUEBERRIES #7074	1	3/4 CUP	215
	Nutrient	Value	Units	
	Food Energy	67.0352	kcal	
2079	APPLE GALA 138 CT	1	APPLE (1)	27
	Nutrient	Value	Units	
	Food Energy	139.0768	kcal	
1320	APPLE GOLDEN 138	1	APPLE (1)	27
	Nutrient	Value	Units	
	Food Energy	130.0000	kcal	
1333	BANANAS PREM 40LB	1	BANANA (1)	27
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
1468	JUICE BLUE RAZZ	1	CARTON (1)	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
1086	SAUCE BBQ	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	29.1618	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
2225	KETCHUP SRIRACHA	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	24.9959	kcal	
1097	MUSTARD	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
1128	ITALIAN FF MARZETT	1	Ounce	6
	Nutrient	Value	Units	
	Food Energy	13.7074	kcal	
2365	DRESSING RANCH OTT'S	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	85.8443	kcal	
1832	DRESSING CAESAR LITE	1	Ounce	6
	Nutrient	Value	Units	
	Food Energy	61.9469	kcal	

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Independence Central Office

Scheduled Menu Plans

2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	108
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	108
Nutrient		Value	Units	
	Food Energy	120.0001	kcal	
Nutrient		Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	54
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 3/30/2020 **Feeding Figure:** 251
Base Menu Plan: 5,168 MS BIC JAN 19-20 W1D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2438	BAR CINN TOAST CRUNCH FRZ	1	PKG (1)	123
Nutrient		Value	Units	
	Food Energy	250.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	40.0000	g	
a329	NOTABLES LUCKY CHARM #2064	1	1 PACK	63
Nutrient		Value	Units	
	Food Energy	280.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	57.0000	g	
A328	NOTABLES COCOA BWL #2063	1	1 PACK	63
Nutrient		Value	Units	
	Food Energy	280.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	59.0001	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
Nutrient		Value	Units	
	Food Energy	486.1077	kcal	
Nutrient		Value	Units	
	Carbohydrate	0.0000	g	
A569	CHEESE, STRING MOZ LT #1015	1	1 PKG (1)	101
Nutrient		Value	Units	
	Food Energy	88.0040	kcal	
Nutrient		Value	Units	
	Carbohydrate	0.0000	g	
A532	APPLE WHOLE GALA	1	1 APPLE	63
Nutrient		Value	Units	
	Food Energy	139.0768	kcal	
Nutrient		Value	Units	
	Carbohydrate	33.9999	g	
A533	ORANGE	1	1/2 CUP (4-6 WEDGES)	63
Nutrient		Value	Units	
	Food Energy	31.2503	kcal	
Nutrient		Value	Units	
	Carbohydrate	7.4219	g	
a534	BANANA	1	1 BANANA	26
Nutrient		Value	Units	
	Food Energy	110.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	29.0000	g	

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Independence Central Office

Scheduled Menu Plans

A587	JUICE, BLUE RAZZ	1	1 CARTON	88
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	83
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	83
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	86
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 3/30/2020 **Feeding Figure:** 537
Base Menu Plan: 5,217 MS 19-20 LUNCH W1D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A367	CHICKEN TERIYAKI W/ VEG	1	1 SERVING	215
	Nutrient	Value	Units	
	Food Energy	249.9894	kcal	
	Nutrient	Value	Units	
	Carbohydrate	38.9410	g	
2416	FORTUNE COOKIE 40002	1	PKG (1)	215
	Nutrient	Value	Units	
	Food Energy	20.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.0000	g	
A101	RIB-Q ON BUN	1	1 SANDWICH	54
	Nutrient	Value	Units	
	Food Energy	354.5808	kcal	
	Nutrient	Value	Units	
	Carbohydrate	35.3327	g	
1911	CHEETO PUFF	1	PKG (1)	54
	Nutrient	Value	Units	
	Food Energy	90.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.0000	g	
A004	HAMBURGER ON WG BUN	1	1 SANDWICH	54
	Nutrient	Value	Units	
	Food Energy	300.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	27.0000	g	
A197	CHICKEN SPICY SANDWICH	1	1 SANDWICH	54
	Nutrient	Value	Units	
	Food Energy	354.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	39.0001	g	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	27
	Nutrient	Value	Units	
	Food Energy	10.4961	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.0652	g	

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Independence Central Office

Scheduled Menu Plans

A425	POTATO CRINKLE FRIES	1	1/2 CUP	108
	Nutrient	Value	Units	
	Food Energy	247.2316	kcal	
	Nutrient	Value	Units	
	Carbohydrate	41.9641	g	
A473	GRAB NGO UNCRUSTABLE PBJ-grape	1	1 SANDWICH/CHIPS	27
	Nutrient	Value	Units	
	Food Energy	1,152.6792	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A472	GRAB NGO UNCRUSTABLE PBJ-straw	1	1 SANDWICH/CHIPS	27
	Nutrient	Value	Units	
	Food Energy	1,179.1229	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A549	GRAB N GO WG CKN SALAD SAND	1	1 SANDWICH/CHIPS	38
	Nutrient	Value	Units	
	Food Energy	527.4787	kcal	
	Nutrient	Value	Units	
	Carbohydrate	82.7924	g	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	27
	Nutrient	Value	Units	
	Food Energy	430.9694	kcal	
	Nutrient	Value	Units	
	Carbohydrate	51.4971	g	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	17
	Nutrient	Value	Units	
	Food Energy	502.0197	kcal	
	Nutrient	Value	Units	
	Carbohydrate	52.9579	g	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	0
	Nutrient	Value	Units	
	Food Energy	440.1598	kcal	
	Nutrient	Value	Units	
	Carbohydrate	51.6833	g	
A1223	CARROTS BABY 20LBS	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	35.0206	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.0047	g	
A012	PEAS	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	73.6704	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.7409	g	
A003	SALAD, DARK GREENS	1	1 CUP	27
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.7522	g	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	82.4860	kcal	
	Nutrient	Value	Units	
	Carbohydrate	15.5007	g	

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Independence Central Office

Scheduled Menu Plans

7039	PEARS SLICED LS	1	3/4 CUP	215
	Nutrient	Value	Units	
	Food Energy	90.0000	kcal	
1320	APPLE GOLDEN 138	1	APPLE (1)	27
	Nutrient	Value	Units	
	Food Energy	130.0000	kcal	
2079	APPLE GALA 138 CT	1	APPLE (1)	27
	Nutrient	Value	Units	
	Food Energy	139.0768	kcal	
1333	BANANAS PREM 40LB	1	BANANA (1)	27
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
1468	JUICE BLUE RAZZ	1	CARTON (1)	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
1128	ITALIAN FF MARZETT	1	Ounce	6
	Nutrient	Value	Units	
	Food Energy	13.7074	kcal	
2365	DRESSING RANCH OTT'S	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	85.8443	kcal	
1832	DRESSING CAESAR LITE	1	Ounce	6
	Nutrient	Value	Units	
	Food Energy	61.9469	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
2225	KETCHUP SRIRACHA	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	24.9959	kcal	
1097	MUSTARD	1	Ounce	17
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
1086	SAUCE BBQ	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	29.1618	kcal	

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Independence Central Office

Scheduled Menu Plans

2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	108
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	108
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	54
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 3/31/2020 **Feeding Figure:** 251
Base Menu Plan: 5,169 MS BIC JAN 19-20 W1D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A324	PIZZA 3.67oz TRKYSAU BRKFST IW	1	1 PIZZA	123
	Nutrient	Value	Units	
	Food Energy	240.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	31.0000	g	
2406	POP TART FRST BLUEBERRY 17196	1	PKG (1)	63
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	38.0000	g	
1869	NUTRIGRAIN BAR STRAW	1	BAR (1)	63
	Nutrient	Value	Units	
	Food Energy	160.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	29.0000	g	
A569	CHEESE, STRING MOZ LT #1015	1	1 PKG (1)	101
	Nutrient	Value	Units	
	Food Energy	88.0040	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	486.1077	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A532	APPLE WHOLE GALA	1	1 APPLE	63
	Nutrient	Value	Units	
	Food Energy	139.0768	kcal	
	Nutrient	Value	Units	
	Carbohydrate	33.9999	g	
a534	BANANA	1	1 BANANA	26
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	29.0000	g	
A533	ORANGE	1	1/2 CUP (4-6 WEDGES)	26
	Nutrient	Value	Units	
	Food Energy	37.5315	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.9137	g	

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Independence Central Office

Scheduled Menu Plans

A588	JUICE, ROYAL GRAPE #1467	1	1 CARTON	189
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	83
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	86
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	83
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-8
Date: 3/31/2020 **Feeding Figure:** 537
Base Menu Plan: 4,850 MS 19-20 LUNCH W1D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A512	FIESTA NACHO-CHICKEN chipotle	1	1 NACHO	215
	Nutrient	Value	Units	
	Food Energy	426.4321	kcal	
	Nutrient	Value	Units	
	Carbohydrate	40.0322	g	
	SALSA	1	1/4 CUP	215
	Nutrient	Value	Units	
	Food Energy	20.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.0000	g	
A510	PEPPER/ONION BLEND	1	1/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	10.4004	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.6001	g	
A069	BEANS, REFRIED	1	1/2 CUP	81
	Nutrient	Value	Units	
	Food Energy	38.1667	kcal	
	Nutrient	Value	Units	
	Carbohydrate	3.2487	g	
A467	CRUNCHERS, BUFFALO #2396	1	4 PIECES	27
	Nutrient	Value	Units	
	Food Energy	779.7307	kcal	
	Nutrient	Value	Units	
	Carbohydrate	59.9793	g	
A100	CHEESEBURGER ON WG BUN	1	1 SANDWICH	81
	Nutrient	Value	Units	
	Food Energy	498.2726	kcal	
	Nutrient	Value	Units	
	Carbohydrate	41.0342	g	
A195	SANDWICH, CHICKEN WG	1	1 SANDWICH	54
	Nutrient	Value	Units	
	Food Energy	369.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	39.0001	g	

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a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	27
	Nutrient	Value	Units	
	Food Energy	10.4961	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.0652	g	
A455	POTATO SWT TRAX #2384	1	1/2 CUP	108
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0001	g	
A129	GRAB N GO WG TURKEY SAND. MEAL	1	1 SANDWICH/CHIPS	54
	Nutrient	Value	Units	
	Food Energy	573.7155	kcal	
	Nutrient	Value	Units	
	Carbohydrate	81.6087	g	
a234	GRAB N GO YOGURT MEAL W/CINN	1	1 MEAL	38
	Nutrient	Value	Units	
	Food Energy	939.6313	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	27
	Nutrient	Value	Units	
	Food Energy	430.9694	kcal	
	Nutrient	Value	Units	
	Carbohydrate	51.4971	g	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	27
	Nutrient	Value	Units	
	Food Energy	440.1598	kcal	
	Nutrient	Value	Units	
	Carbohydrate	51.6833	g	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	0
	Nutrient	Value	Units	
	Food Energy	502.0197	kcal	
	Nutrient	Value	Units	
	Carbohydrate	52.9579	g	
A014	VEGGIE FRESH MIX	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	22.5882	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.7678	g	
A359	CORN, COOKED	1	3/4 CUP	81
	Nutrient	Value	Units	
	Food Energy	406.5714	kcal	
	Nutrient	Value	Units	
	Carbohydrate	91.6621	g	
A003	SALAD, DARK GREENS	1	1 CUP	27
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.7522	g	

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A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	6
	Nutrient	Value	Units	
	Food Energy	70.0463	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.7357	g	
A7078	STRAWBERRIES #7112	1	3/4 CUP	215
	Nutrient	Value	Units	
	Food Energy	58.2774	kcal	
	Nutrient	Value	Units	
	Carbohydrate	15.1521	g	
1333	BANANAS PREM 40LB	1	BANANA (1)	27
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	29.0000	g	
2079	APPLE GALA 138 CT	1	APPLE (1)	27
	Nutrient	Value	Units	
	Food Energy	139.0768	kcal	
	Nutrient	Value	Units	
	Carbohydrate	33.9999	g	
1320	APPLE GOLDEN 138	1	APPLE (1)	27
	Nutrient	Value	Units	
	Food Energy	130.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	33.9999	g	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
1468	JUICE BLUE RAZZ	1	CARTON (1)	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2286	KETCHUP JUG WITH PUMP	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.3320	g	
2225	KETCHUP SRIRACHA	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	24.9959	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.6656	g	
1097	MUSTARD	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
1086	SAUCE BBQ	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	29.1618	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.6655	g	
2365	DRESSING RANCH OTT'S	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	85.8443	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.2922	g	
1128	ITALIAN FF MARZETT	1	Ounce	6
	Nutrient	Value	Units	
	Food Energy	13.7074	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7415	g	

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ID	Item Name	Nutrient	Value	Units	Portion	Item Name	Nutrient	Value	Units	Portion
1832	DRESSING CAESAR LITE				1	Ounce				6
		Food Energy	61.9469	kcal	Carbohydrate		2.6549	g		
2154	MILK CHOC CARTON FF 8 OZ				1	CARTON (1)				108
		Food Energy	129.9999	kcal	Carbohydrate		23.0000	g		
2139	MILK STRAW FF CARTON 8 OZ				1	CARTON (1)				108
		Food Energy	120.0001	kcal	Carbohydrate		22.0001	g		
1027	MILK 1% WHITE LF CARTON 8 OZ				1	CARTON (1)				54
		Food Energy	100.0000	kcal	Carbohydrate		11.0000	g		

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